



BE A PRO HOCKEY

Elite Player Development

20 Players Max

\$80

8:00am - 9:15am (*On Ice*)
9:30am - 10:30am (*Off Ice*)

HYPER D ACADEMY

IGLOO ICE RINK
3033 Fostertown Road
Mount Laurel, NJ 08054

March 9, 2025
March 16, 2025
March 30, 2025
April 6, 2025
April 13, 2025
April 20, 2025
April 27, 2025
May 3, 2025
May 11, 2025
May 18, 2025
May 25, 2025
June 1, 2025

PROGRAM CONCEPTS

- Proper Skating Posture To Maintain A Proper Stride & Posture
- Developing "Ownership Of Your Area" For A Dman
- Confidence With The Puck On Exits & Reloads
- Utilizing The Offensive Zone Blue Line
- Proper Puck Management
- Line Rush For: Activating Up Ice
- Line Rush Against: Defending Off The Rush
- Angling
- Contain Contact Compete
- Winning Net Front Battles

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